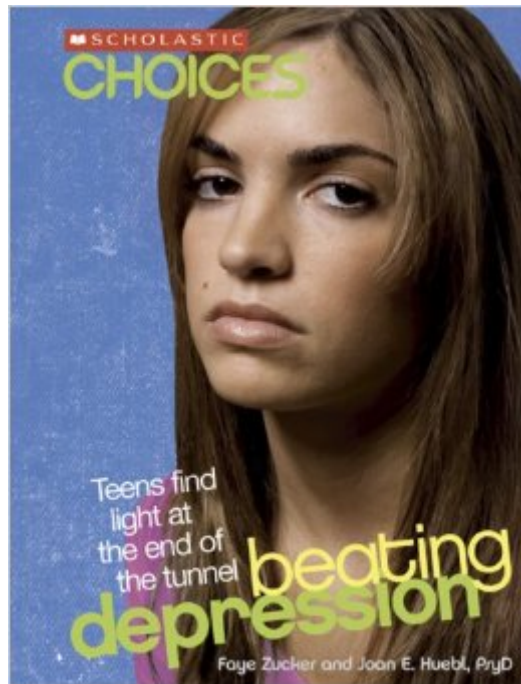


The book was found

# Beating Depression: Teens Find Light At The End Of The Tunnel (Scholastic Choices)



## Synopsis

Like the magazine, the book series will focus on: - The relationship between positive health behaviors and the prevention of illness and disease.- The interrelationship of mental, emotional, and physical health.- Interpersonal and effective conflict resolution skills; appreciation of diverse perspectives and individual needs.- The impact of family as a system.Grades 7-12 Health Education Standards- Explain the relationship between positive health behaviors and the prevention of injury/illness.- Describe interrelationship of mental, emotional, social, physical health during adolescence.- Describe how family and peers influence the health of adolescents.Grades 7-12 Consumer Science StandardsConsumer Science and Education- Analyze the impact of family as a system on individuals and society.- Demonstrate appreciation for diverse perspectives and needs of individuals and families.Interpersonal Relationships- Demonstrate respectful relationships in the family, workplace, & community.- Analyze functions and expectations of various types of relationships.- Evaluate effective conflict prevention and management techniques.- Demonstrate teamwork and leadership skills in the family, workplace, community.Character Development and Ethics- Describe appropriate character traits, social skills needed for home, school, community.- Describe how personal ethics influence decision-making.

## Book Information

Series: Scholastic Choices

Paperback: 112 pages

Publisher: Children's Press(CT) (March 1, 2007)

Language: English

ISBN-10: 0531177297

ISBN-13: 978-0531177297

Product Dimensions: 5.9 x 0.2 x 8.1 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,567,551 in Books (See Top 100 in Books) #93 in [Books > Teens >](#)

[Personal Health > Depression & Mental Health](#) #1916 in [Books > Teens > Social Issues](#)

[#224230 in Books > Children's Books](#)

Age Range: 12 - 17 years

Grade Level: 7 - 12

## Customer Reviews

Not engaging. It has the same tone as a pamphlet you would find in a doctor's office.

excellent

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